

THE VILLAGE MOVEMENT

Seniors all over America want to remain in their homes, even though some errands, chores, and an active social life become harder than they used to be. They want to stay healthy and connected to their communities.

In some places, the only solutions are nursing homes, semi-independent living in retirement communities, or expensive care givers.

In other places, the Village Movement has sprung up to help seniors live purposely, independently, and safely. The very first Village – Beacon Hill Village – began in Boston more than twenty years ago. Today there are more than 350 locations in the U.S. and 28 right here in Massachusetts. All Villages work collaboratively with other local resources.

Seniors who are members of Villages might need a ride to an appointment, a volunteer to make a meal after a hospitalization, or someone to shovel their front path. Some may want to expand their social possibilities with card games, discussion groups, walking groups and other fitness activities, or even pot-luck meals. And many seniors want to expand their volunteer opportunities to help their neighbors by running an errand, giving basic technical support, raking the garden, watering plants, or other necessary tasks.



SEAGLASS VILLAGE

MARBLEHEAD, NAHANT & SWAMPSCOTT

Seaglass Village is a local community of seniors helping each other maintain their independence while aging in their own homes.

Members get help when needed; perhaps assistance with pesky technical questions, indoor and outdoor household projects, shopping, and transportation (our volunteers can come inside to help a member in any way). They engage in social get-togethers, educational events, and other ways to make and keep friends.



Volunteers are members or non-members; all are rewarded with the satisfaction of helping their neighbors to embrace their senior years in their own homes. Some make visits or accompany a member to an appointment; others will strap on their tool belts and help with a home chore; someone else might offer to lead a bird-watching expedition. All are ambassadors for Seaglass Village, helping their neighbors to age in place, as they themselves want for their own futures. Arrangements will be easily made online or by phone with central office.

Providers List of reliable vendors is maintained by Seaglass Village. It may include local tradesmen (carpenters, electricians, etc.), health care providers, professionals (lawyers, accountants, etc.), hospice, as well as other available municipal and community services.

IN A NUTSHELL

Be a Member!

- Assistance with transportation, maintenance, chores – indoor or out – and more.
- Social Gatherings – afternoon tea, cocktail hour, potluck meals, and more.
- Affinity Groups – bridge or mahjonn group, hiking friends, birdwatching, and more.
- Outings – museums, sports, concerts, etc.
- Educational programs – members' offerings or out-sourced presentations.
- Short-term support, when needed (meals, pets, house-minding, etc.)
- List of reliable vendors (tradesmen, accountants, home health providers, etc.)



Be a Volunteer!

- Help Members with chores, shopping, transportation, etc.
 - Friendly visits to Members who request them.
 - Organize an outing, a lecture, a gathering.
 - Be an ambassador for Seaglass Village.
 - Touch lives in small but meaningful ways.
- Be both a Member and a Volunteer!**
- Stay independent, help others, and grow your own community.

SEAGLASS VILLAGE is a 501(c)(3) non-profit membership organization for adults (50 and older) in Marblehead, Nahant, and Swampscott. There are several categories of membership. Please check all that meet your needs.

Member Receive services and participate in social activities. Fees are annual. Subsidies are available; monthly payments can be arranged.

- Founding Member** Join in 2021 and get 14 months for the price of 12. \$360
- Member** \$360
- Household** Two or more people. \$540

Volunteer No fee.

Social & Supporting Member No services; participate in social activities. \$120

Donation Make checks payable to Seaglass Village and send to address below.

Amount: _____

Name: _____

Address: _____

Email: _____

Phone(s): _____

- Please add me to the mailing list.
- Please call me, I have questions.

Return this form to:

Seaglass Village, c/o First Church
Congregational
40 Monument Avenue
Swampscott, MA 01907

Tel: 781 718-0401

Email: info@seaglassvillage.org



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Swampscott, MA 01907



Neighbors Helping Neighbors to Age in Place

Marblehead Nahant Swampscott

www.Seaglassvillage.org

781-718-0401